

1 21 NCAC 53 .0206 is amended with changes as published in NCR 36:17, 1443-1444, as follows:

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3 **21 NCAC 53 .0206 GRADUATE COUNSELING EXPERIENCE**

4 ~~(a) Applicants enrolled in master's programs before July 1, 2015, a separate practicum and an internship shall be~~  
5 ~~completed as part of the graduate course of study with at least 17 hours of graduate counseling supervision, as defined~~  
6 ~~in Rules .0210 and .0211 of this Section. Supervised graduate counseling shall be verified by a university faculty~~  
7 ~~member on forms available on the Board's website, www.neblemhc.org, and shall consist of a minimum of 300 hours~~  
8 ~~of supervised graduate counseling experience at a rate of not less than one hour of clinical supervision per 40 hours~~  
9 ~~of graduate counseling experience, as defined by Rule .0701(2)(b) of this Chapter. At least 180 hours of this counseling~~  
10 ~~experience shall be direct counseling experience as defined in Rule .0205 of this Section.~~

11 ~~(b)~~ (a) For Applicants applicants who enroll in a master's program on or after apply prior to July 1, 2015-2022,  
12 graduate counseling experience shall consist of the following separate courses:

- 13 (1) one or more courses in practicum totaling at least three semester hours or five quarter hours;  
14 (2) one or more courses in internship totaling at least three semester hours or five quarter hours; and  
15 (3) at least 17 hours of graduate counseling supervision as defined in Rules .0210 and .0211 of this  
16 Section.

17 Supervised graduate counseling shall comply with the requirements of Rule .0212 of this Section, shall be verified by  
18 a university faculty member on the Verification of Graduate Counseling Experience Form as described in Section (c)  
19 of this [Rule.] forms available on the Board's website, www.neblpe.org, Rule, and shall consist of a minimum of 300  
20 hours of graduate counseling experience at a rate of not less than one hour of clinical supervision per 40 hours of  
21 graduate counseling experience, as defined by Rule .0701(2)(b) of this Chapter. At least 180 hours of this counseling  
22 experience shall be direct counseling experience as defined in Rule .0205 of this Section.

23 (b) Pursuant to N. C. Gen. Stat. 90-336(b2), for [For] applicants who apply on or after July 1, 2022, graduate  
24 counseling experience shall consist of the following separate courses:

- 25 (1) one or more courses in practicum that meet the standards related to practicum of the current version of  
26 the Council for Accreditation of Counseling and Related Educational Programs (CACREP), available at  
27 www.cacrep.org, at the time of the receipt of application as defined in Rule .0308(a). The practicum courses  
28 shall include graduate counseling supervision as defined by the current version of the CACREP Standards at  
29 the time of application; and  
30 (2) one or more courses in internship that meet the standards related to internship of the current version of  
31 the Council for Accreditation of Counseling and Related Educational Programs (CACREP), available at  
32 www.cacrep.org, at the time of the receipt of application as defined in Rule .0308(a). The internship courses  
33 shall include graduate counseling supervision as defined by the current version of the CACREP Standards at  
34 the time of application.

35 For applicants who apply on or after July 1, 2025, all [AH] internship experiences shall be in a clinical mental health  
36 setting that provides substantial opportunities to assess, appraise, diagnose, and treat [diagnose, treat, appraise, and  
37 assess] mental health disorders and shall consist of "direct counseling experience" as defined in Rule .0205(a) of this

1 Section. Clinical mental health settings may include private practices, college counseling centers, community  
2 agencies, managed behavioral health care organizations, integrated delivery systems hospitals, employee assistance  
3 programs, ~~of~~ specialty treatment centers, ~~centers~~ vocational rehabilitation centers, marriage, couple, and family  
4 practices, addiction counseling sites, or school-based clinical mental health counseling sites. Verification of Graduate  
5 Counseling Experience Forms, as described in Paragraph (c) of this Rule, shall identify the type of clinical mental  
6 health setting ~~setting~~ and describe the counseling experience acquired by an applicant in the following areas:  
7 assessment, appraisal, diagnosis, and treatment of mental health disorders.

8 (c) Verification of Graduate Counseling Experience Form shall contain:

- 9 (1) the name, title, contact information and signature of the person verifying graduate counseling  
10 experience;
- 11 (2) the name of agency where graduate counseling experience occurred;
- 12 (3) information regarding university supervisor for the graduate counseling experience;
- 13 (4) the name, title and credentials of the site supervisor;
- 14 (5) total hours of individual and group clinical supervision received during graduate counseling  
15 experience;
- 16 (6) whether the experience is practicum or internship;
- 17 (7) the beginning and end dates of clinical experience;
- 18 (8) the total number of direct and indirect hours, as defined by CACREP; and
- 19 (9) the total hours of direct and indirect client contact as defined by CACREP.

20 The form is available on the Board's website at [www.ncblcmhc.org](http://www.ncblcmhc.org).

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22 *History Note: Authority G.S. 90-332.1(a)(3); 90-334(h),(i); 90-336(b)(1);*

23 *Eff. July 1, 1995;*

24 *Amended Eff. July 1, 2014; January 1, 2010;*

25 *Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. April 27,*  
26 *2019.*

27 *Amended Eff. February 1, 2023.*